

What's the Story?

THE NEWSLETTER OF THE DOUGLAS LIBRARY OF HEBRON



DOUGLAS LIBRARY

22 Main Street Hebron, CT 06248

HOURS

Monday 12PM-8PM
Tuesday 10AM-8PM
Wednesday 12PM-8PM
Thursday 10AM-8PM
Friday 12PM-6PM
Saturday 10AM-3PM

SUNDAY - CLOSED

Main Desk Phone (860)228-9312

Website douglaslibrary.org



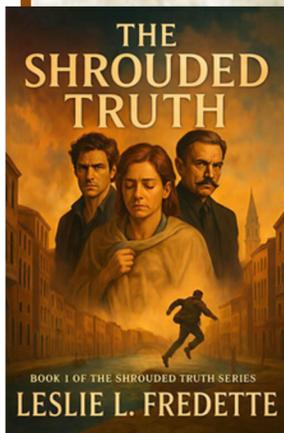
Library Board of Directors

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Local Author Les Fredette

Book Talk & Signing



A thriller full of loss, faith, and adventure, all wrapped around the most studied and mysterious relic ever known - the Shroud of Turin.

Les Fredette (Leslie L. Fredette) blends the precision of an engineer with the imagination of a storyteller. When he's not teaching or building, he's behind the camera chasing compelling images in the natural world—or at the keyboard developing his thriller series, The Shrouded Truth.

Wednesday March 11th 6:30pm

The Edible Landscape:

Integrating Food into Your Existing Flower Beds

You don't need to start from scratch to start growing food!

Do you want to harvest fresh, organic food but don't want to dig up your lawn or hide a messy vegetable patch in the backyard? Join Mark Gostkiewicz of Tri Gable Lea Farm for a common-sense approach to "Foodscaping." This class is designed to show you how easy it is to sneak high-yield, beautiful edible plants right into the ornamental beds you already have.

Forget the idea that you need a farm to grow a harvest. By using dwarf varieties, structural perennials, and colorful annuals, you can create a landscape that is both a feast for the eyes and the table. Whether you are a beginner or a seasoned gardener, this workshop will give you the practical skills to add "curb appeal you can eat" to your home.



Monday, March 30th 6:30pm

March is
WOMEN'S HISTORY MONTH





ADULT/GENERAL PROGRAMS

STRETCH AWAY STRESS AND ANXIETY WITH

CHAIR YOGA!

Saturday March 7 10-11:00AM

Join us in the Community Room for a practice that is beneficial to all. In these classes you will use the support of the chair to arrive in yoga poses, move, breathe, and ultimately feel good.

Taught by **Certified Yoga Teacher**  **KAREN GOMEZ**
WELLNESS CONSULTING
LIFE • HEALTH • LEADERSHIP

Registration is required as space is limited. Please call us to register.



EQUINE ENDOCRINE and METABOLIC DISEASE DISCUSSION

Thursday, March 5th 6pm

The veterinarians of Connecticut Equine Clinic, located in Amston, will be presenting this educational free program. Equine Cushing's Disease and Insulin Dysregulation affect many of our horses, ponies, and donkeys. Join us for a discussion about care, diagnosis, management and treatment options for these conditions.



Connecticut Equine Clinic is a premier equine practice in Hebron dedicated to providing exceptional service and compassionate care to our clients and their horses.

**LOOKING FOR A NEW JOB?
WANT TO GET INTO A TRAINING PROGRAM?
SEE IF THE A.J.C. CAN HELP!**

Every 3rd Thursday of the month from 3-5PM

William Newton of American Job Center will be here to help you create your resume and coach you how to obtain a job.

Bring your questions to this FREE program!




DONATE BLOOD

Be Someone's Lucky Charm!

Successful donations in March get free A1C testing, commonly used to screen for prediabetes and diabetes.

Register at redcross.org

March 25
10 - 3



JOIN A CLUB! LEARN SOMETHING NEW * MAKE SOME NEW FRIENDS * RE-VISIT AN OLD INTEREST

COOKBOOK CLUB

Each month we read a different cookbook, and each person chooses one recipe from the book to make and share. We even have an oven and stove in case what you make needs warmed up! Copies will be available at the library beginning one month before the meeting.

MARCH'S COOKBOOK IS TEN DOLLAR DINNERS



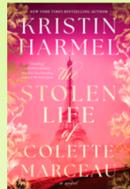
TUESDAY, MARCH 17 6:30PM
(EVERY 3RD TUESDAY OF THE MONTH)

The Spirited Book Club



The Spirited Book Club discussion meets at the American Legion, located next door to the library. Copies of the book will be available for checkout at the Adult Circulation Desk and are available on the Libby app.

MARCH'S BOOK IS:



WEDNESDAY, MARCH 18 7PM
(EVERY 3RD WEDS. OF THE MONTH)
Must be over 21 years of age

Two jewel thieves, a priceless bracelet that disappears in 1940s Paris, and a quest for answers in a decades-old murder...

KNIT WITS

Every Monday 6PM

Bring your project and your questions, and join us downstairs in the Board Room for some friendly creating!

MAHJONG

Every Tuesday 11AM

Are you interested in playing Mahjong?
Would you like to learn how to play?
Fellow patrons have started a Mahjong Club!



QUIET READING CLUB

Every 2nd Saturday 2:45 PM

No registration required - just be sure to arrive before the library doors are locked at 3:00PM!




CHESS CLUB

Every Thursday 4PM

Meets downstairs in the Community Room. No Experience Necessary. ALL Are Welcome!





ADULT/GENERAL PROGRAMS

FREE FRIDAY MOVIES

Take in a movie at the library! Join us at 1PM each Friday to watch a film and have some snacks in our Community Room.



3/6
SONG SUNG BLUE
PG-13 · 2025 · MUSICAL · 2H 13M



3/13
HAMNET
PG-13 · 2025 · DRAMA · 2H 5M



3/20
NOW YOU SEE ME: NOW YOU DON'T
PG-13 · 2025 · CRIME/THRILLER · 1H 53M



3/27
F1
PG-13 · 2025 · SPORT/ACTION · 2H 35M



CHILDREN'S PROGRAMS

STORY TIME



Toddler Storytime
Tuesdays at 10:15AM
3/3, 3/10, 3/17, 3/24, 3/31

This is geared for ages 1-3. There will be stories, songs and crafts!



Pre-K Storytime
Thursdays at 10:15AM
3/5, 3/12, 3/19, 3/26

This is designed for ages 3-5. There will be stories, letters, numbers, songs and crafts!



PJ Storytime
The 1st & 3rd Tuesdays of the month (3/3, 3/17) at 6PM
We will have stories, songs, and crafts. No registration needed! For ages 1-5, and siblings are always welcome.

SIGN UP FOR A FREE TREE!

Register by March 15th
Use the QR Code below to sign up!

Neighborhood Forest
giving trees to children



LEGO CLUB

Meets EVERY MONDAY from 4-5PM

SPECIAL SATURDAY LEGO CLUB!
March 7, 12PM

No Registration Required

Drop-In Kid's Craft

Friday March 6 2 Pm

Drop in for a craft project on the half day!
There will be several to choose from!



HAPPY PI DAY!
SATURDAY, 3/14
COME IN AND GET YOUR FREE PIE!



TEEN CRAFT

3/6
1Pm

Come Make a Bracelet with Your Friends!

read to a dog!

Saturday, March 7
10:30-11:30AM

You must **register** your child for a 15-minute interval in order to accommodate everyone.

We will have 1 team here.



MARCH 2026 CALENDAR OF EVENTS

COLOR KEY: Library Closed • Adults • Children
 Young Adult • General

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
CLOSED SUNDAYS	2 4 PM Lego Club 6 PM Knit Wits 	3 10:15 AM Toddler Storytime 11 AM Mahjong 6 PM PJ Storytime	4	5 10:15 AM Pre-K Storytime 4 PM Chess Club 6:00 PM Connecticut Equine Clinic	6 1 PM Movie <i>Song Sung Blue</i> 2:00 PM Drop-in Kids Craft 1:00 PM Teen Make a Bracelet Craft	7 10 AM Chair Yoga Read to a Dog! 10:30 AM, 10:45 AM 11:00 AM, 11:15 AM 12:00 Saturday Lego Club	
	9 4 PM Lego Club 6 PM Knit Wits	10 10:15 AM Toddler Storytime 11 AM Mahjong	11 6:30 PM Hebron Author Leslie L. Fredette – Book Talk and Signing	12 10:15 AM Pre-K Storytime 4 PM Chess Club	13 1 PM Movie <i>Hamnet</i>	14 2:45 PM Quiet Reading Club  HAPPY PI DAY!  GET YOUR FREE PIE!	
	16 4 PM Lego Club 6 PM Knit Wits	17 10:15 AM Toddler Storytime 11 AM Mahjong 6 PM PJ Storytime 6:30 PM Cookbook Club	18 1 PM STEM for Home Schoolers 7 PM Spirited Book Club	19 10:15 AM Pre-K Storytime 3 PM American Job Center 4 PM Chess Club	20 1 PM Movie <i>Now You See Me: Now You Don't</i>	21  MapleFest! Sat & Sun, 10 - 4	
	23 4 PM Lego Club 6 PM Knit Wits	24 10:15 AM Toddler Storytime 11 AM Mahjong	25 10:00 Red Cross Blood Drive 	26 10:15 AM Pre-K Storytime 4 PM Chess Club	27 1 PM Movie <i>FI</i>	28	
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