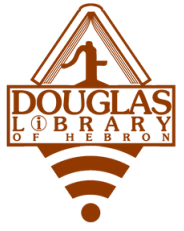


What's the Story?



THE NEWSLETTER OF THE DOUGLAS LIBRARY OF HEBRON



DOUGLAS LIBRARY

22 Main Street Hebron, CT 06248

HOURS

Monday 12PM-8PM

Tuesday 10AM-8PM

Wednesday 12PM-8PM

Thursday 10AM-8PM

Friday 12PM-6PM

Saturday 10AM-3PM

SUNDAY - CLOSED

MAIN DESK PHONE

860-228-9312

WEBSITE

douglaslibrary.org

E-MAIL

info@douglaslibrary.org

FACEBOOK

Douglas Library of Hebron

INSTAGRAM

[douglaslibraryofhebron](https://www.instagram.com/douglaslibraryofhebron)



In the Community Room, during the HARVEST MOON FESTIVAL

Saturday 26
2:00PM

Haunted Cheney Hall

Join us for a viewing of the *Eric Mintel Investigates* series as they travel to Manchester, CT to investigate the historic Cheney Hall.

Strange sounds, strong energies and the shadow of a woman in 18th century dress have been reported over the years. Learn all of the rich history of the Hall and the Cheney Brothers, who put Manchester on the map.

After the viewing, our Director Drusilla will tell her own stories from over her years of being the stage manager at the theater!

Wednesday,
Oct. 23
6 - 8:00 pm





Adult Programs

OCTOBER CLASSIC MONSTER MOVIES

Fridays & Wednesdays at 1PM

Come watch a spooky classic film for free! These are all shown in the Community Room on our 86" TV with surround sound speakers. Bottled water and fresh-popped popcorn will be provided.



Friday
10/4



Friday
10/11



Friday
10/18



Friday
10/25



Weds
10/9



Weds
10/16



Weds
10/23



Weds
10/30

STRETCH AWAY STRESS AND ANXIETY WITH

CHAIR YOGA!

**SATURDAY, OCT. 7TH 10-11AM
IN THE COMMUNITY ROOM**

Chair yoga is a practice that is beneficial to all. In these classes you will use the support of the chair to arrive in yoga poses, move, breathe, and ultimately feel good.



Benefits of Chair Yoga:

- improved Flexibility
- Stress Reduction
- Pain Management
- Weight Loss
- Overall Clarity of Mind



Taught Certified Yoga Teacher
KAREN GOMEZ
WELLNESS CONSULTING
LIFE-HEALTH-LEADERSHIP

Registration is required as space is limited.

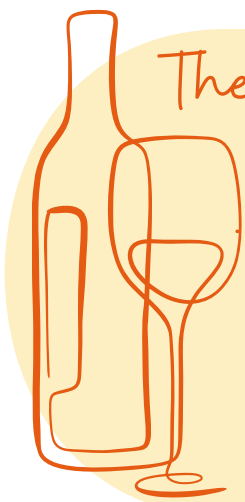
Medicare Information

Oct 16th, 6PM

Come and learn the ins and outs of Medicare and the differences between Original Medicare and Medicare Advantage with Mark Macrina, a local Insurance Agent. This is strictly an informational seminar, and no individual health will be discussed. For accommodations of persons with special needs please call (860)-338-1466 TTY 711



Adult Programs



The Spirited Book Club

This Month's Book is **Homecoming**

The Spirited Book Club discussion meets at the American Legion, located next door to the library. Copies of the book will be available for checkout at the Adult Circulation Desk and are available on the Libby app.

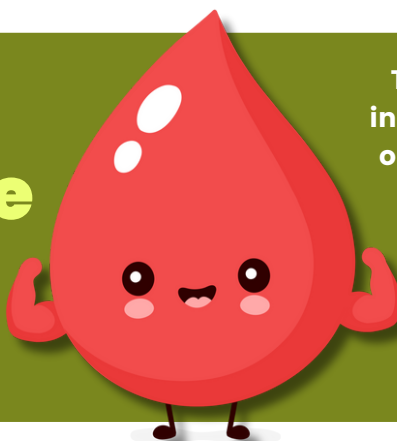
Meets Wednesday Oct 16, 7-8:30PM



MUST BE OVER 21 YEARS OF AGE

Donate Blood and Save a Life

Wednesday, October 2
from 9AM-2PM



Those who lived in or were stationed in the UK, Ireland or France during the outbreak Creutzfeldt-Jakob Disease, commonly referred to as mad cow disease, who have never tried to give blood may now be eligible to give blood with the Red Cross.

Register at [Redcross.org](https://www.redcross.org)



Love to cook? Like to read?
Join our Cookbook Club!

Meets Tuesday, Oct 15 6:30PM

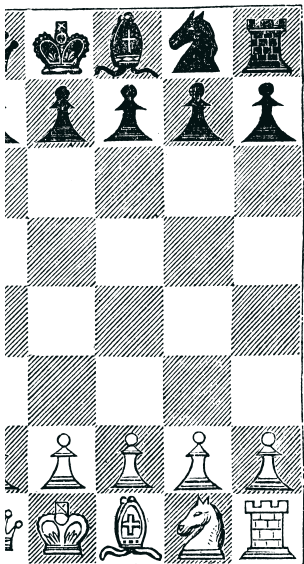
Each month we'll read a different cookbook, and each person will choose one recipe from the book to make and share. We even have an oven and stove in case what you make needs warmed up!

E-mail dcarter@hebronct.com for more information.

This month's book, "The Unofficial Harry Potter Cookbook", is on the shelf now.



Adult & Teens



It's Your Move!



CHESS CLUB

**Thursdays
from 3 PM**

in the Community Room

NO EXPERIENCE NECESSARY
STUDENTS & STAFF ARE WELCOME!



Knit Wits

**Every Monday
6-7:30pm**
Downstairs
in the Board Room

**Do you knit or crochet?
Want to meet other yarn
addicts? Come join us on
Monday evenings for an
informal get-together!**

**All experience levels are
welcome. No registration
required - just bring your
project and your questions.**

All attendees
will earn an hour of
Community Service!
Drinks and snacks
will be provided.

TEENS!

BRING YOUR FRIENDS ON
WEDNESDAY THE 18TH AND HELP
PLAN & RUN THE LIBRARY'S

HAUNTED MINI-GOLF

TO BE HELD DURING HEBRON'S
HARVEST MOON FESTIVAL
SATURDAY, OCTOBER 26

Join us at the Teen Advisory
Board (TAB) meetings to help
prep for this spooktacular event.

**MEETS EVERY 3RD
WEDNESDAY OF THE MONTH
FROM 3:30-4:30 PM**



Children's Events



Storytimes



Toddler Storytime

Tuesdays at 10:15AM

This is geared for ages 1-3.

There will be stories, songs and crafts!

Pre-K Storytime

Thursdays at 10:15AM

This is geared for ages 3-5. There will be stories, letters, numbers, songs and crafts!

NEW! Evening Storytimes

Tuesday, Oct 1 & 15th, 6PM

We will have stories, songs, and crafts.

No registration needed!

For ages 1-5, siblings are always welcome.



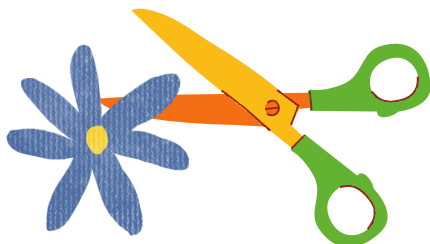
Crafternoons

Monday Oct. 7 & 28th, 3:30PM

Kids crafting!

A different craft every session. Ages 6+

No registration needed.





Kids! Come to

LEGO CLUB!

There will be different challenges each meet, and your creations will be on display until the following Lego Club. Club will take place upstairs on the Children's floor, in the story room.
For Ages 5+

Meets will take place every 1st and 3rd Wednesday of the month, from 4-5pm



Did You Know?

Did you know our Library of Things is growing all the time? Besides all the instruments and yard games we have for you to borrow, we also have a UV Nail Polish Light, Paper Quilling kits, several sizes and shapes of Knitting Looms, and a Mini Loom so you can mend your favorite woolly socks!

October 2024 Calendar of Events

KEY: Library Closed | Adults | Children | Young Adult | Town
 Friends of the Library | General | Nonprofit Group | All Ages

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1 10:15 AM Toddler Storytime 4 PM Community Room Reserved Town of Hebron 6 PM Evening Storytime 6:30 Author Juliet Games	2 9 AM Red Cross Blood Drive 4 PM Lego Club 6 PM Pottery Painting with Firestone	3 10:15 AM Pre-K Storytime 3 PM Chess Night 4 PM Community Room Reserved Town of Hebron	4 1 PM Movie	5 10 AM Chair Yoga 10 PM TTCP Harvest Moon Planning
6	7 3:30 PM Crafternoon 5 PM Girl Scout Troop 65041 Meeting 6 PM Knit Wits	8 10:15 AM Toddler Storytime 4 PM Community Room Reserved Town of Hebron 5 PM Girl Scout Troop 69016 Meeting	9 1 PM Movie	10 10:15 AM Pre-K Storytime 3 PM Chess Night 4 PM Community Room Reserved Town of Hebron	11 1 PM Movie	12 10 PM TTCP Harvest Moon Planning
13	14 LIBRARY CLOSED	15 10:15 AM Toddler Storytime 4 PM Community Room Reserved Town of Hebron 6 PM Evening Storytime 6:30 PM Cookbook Club	16 1 PM Movie 3:30 PM Teen Advisory Board 4 PM Lego Club 6 PM Medicare Info 7 PM Book Discussion	17 10:15 AM Pre-K Storytime 3 PM Chess Night 6 PM Town of Hebron All Boards Meeting	18 1 PM Movie	19 10 PM TTCP Harvest Moon Planning
20	21 5:15 PM Girl Scout Troop 65041 Meeting 6 PM Knit Wits 6 PM Library Board of Trustees Meeting	22 10:15 AM Toddler Storytime 4 PM Community Room Reserved Town of Hebron 5 PM Girl Scout Troop 69016 Meeting	23 1 PM Movie 6 PM Haunted Cheney Hall	24 10:15 AM Pre-K Storytime 3 PM Chess Night 4 PM Community Room Reserved Town of Hebron	25 1 PM Movie 3:30 PM Community Room Reserved for Event Set Up	26 2 PM Haunte Mini Golf 
27	28 3:30 PM Crafternoon 6 PM Knit Wits	29 10:15 AM Toddler Storytime 4 PM Community Room Reserved Town of Hebron	30 1 PM Movie	31 10:15 AM Pre-K Storytime 3 PM Chess Night 4 PM Community Room Reserved Town of Hebron	1	2