

What's the Story?



The Newsletter of the Douglas Library of Hebron



DOUGLAS LIBRARY

22 Main Street Hebron, CT 06248

HOURS

Monday 12PM-8PM

Tuesday 10AM-8PM

Wednesday 12PM-8PM

Thursday 10AM-8PM

Friday 12PM-6PM

Saturday 10AM-3PM

SUNDAY - CLOSED

MAIN DESK PHONE

860-228-9312

WEBSITE

douglaslibrary.org

E-MAIL

info@douglaslibrary.org

FACEBOOK

Douglas Library of Hebron

INSTAGRAM

[douglaslibraryofhebron](https://www.instagram.com/douglaslibraryofhebron)

🌸 MARK TWAIN HOUSE & MUSEUM OUTREACH PROGRAM PRESENTS 🌸

Seventeen Summers in a Garden

WEDNESDAY MAY 8TH 6PM



Although his most famous works were set along the Mississippi River of his childhood, Mark Twain composed those novels while living in Nook Farm, a neighborhood of Hartford full of celebrated literary figures.

This program explores what it was like in this vibrant community of authors and activists, whose residents included not only Twain, but also novelist Harriet Beecher Stowe, travel writer and journalist Charles Dudley Warner, Civil War hero and senator Joseph Hawley, and female suffrage campaigner Isabella Beecher Hooker. It also considers the ways Twain's decades in Connecticut shaped his writing, family, and social life.

Sponsored by the Friends of the Library



Friends
of the Douglas Library



The Big Y Store Leadership Team has selected Hebron's **Friends of Douglas Library** as a **Big Y Community Bag Program Nonprofit Partner!**

During the month of May 2024, the Friends of the Library will receive **\$1 for each \$2.50 reusable Community Bag sold** at the Marlborough Big Y, 7 East Hampton Road.



Adult Programs

Friday Movies

LINE-UP

**Take in a movie Friday
afternoon at the library!**

Join us at 1PM each week to watch a
flick and have some snacks in our
Community Room.

Reservations are not required.

May 3

The Beekeeper

R • 1h 45m
Action/Thriller



May 10

Ordinary Angels

PG • 2h 10m
Drama

May 17

What Rhymes with Reason

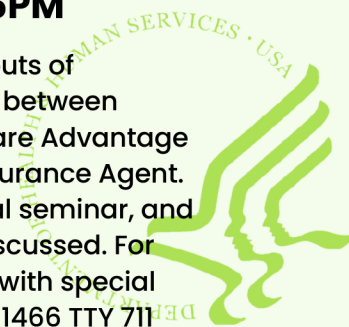
PG-13 • 1h 20m
Drama



MEDICARE INFORMATION

April 24th, 3PM and 6PM

Come and learn the ins and outs of
Medicare and the differences between
Original Medicare and Medicare Advantage
with Mark Macrina, a local Insurance Agent.
This is strictly an informational seminar, and
no individual health will be discussed. For
accommodations of persons with special
needs please call (860)-338-1466 TTY 711



LIFE INSURANCE PRESENTATION

April 24th, 2PM and 5PM



Have you secured yourself with
Life Insurance? Come and learn
about Life Insurance options in
this educational presentation.
Presented by Mark Macrina, a
local Insurance Agent.
For anyone 18+.



**Tuesday
May 7th
9AM - 2 PM**

Donate Blood and Save a Life.

The Red Cross has updated its donor eligibility for
individuals who spent time in certain European countries
and were previously considered to have been exposed to
a potential risk of transmission of variant Creutzfeldt-
Jakob Disease, commonly referred to as mad cow
disease. Those who lived in or were stationed in the UK,
Ireland or France who have never tried to give blood may
now be eligible to give blood with the Red Cross.

Register at [Redcross.org](https://www.redcross.org)

More Adult Programs

COME CELEBRATE HEBRON'S FIRST
POET LAUREATE

LARRY ZIMMERMAN

RECEPTION

WEDNESDAY MAY 22, 6PM

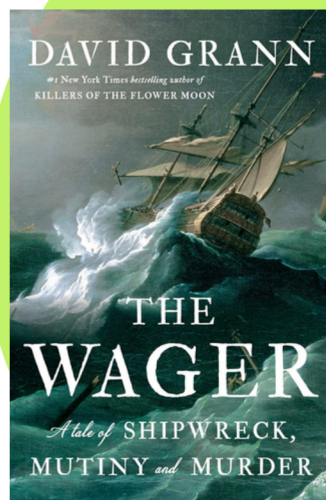
IN THE COMMUNITY ROOM



The Spirited Book Club

This Month's Book is

The WAGER



The Spirited Book Club discussion meets at the American Legion, located next door to the library. Copies of the book will be available for checkout at the Adult Circulation Desk and are available on the Libby app.

MUST BE OVER 21 YEARS OF AGE

Wednesday May 15, 7-8:30PM



Love to cook? Like to read?

Join our Cookbook Club!

Meets Tuesday, May 21 6:30PM

Each month we'll read a different cookbook, and each person will choose one recipe from the book to make and share. We even have an oven and stove in case what you make needs warmed up!

E-mail dcarter@hebronct.com for more information.

This month's book: "Home is Where the Eggs Are" on the shelf now.

More Adult Programs



Friends of the Douglas Library

MAY MEETING

Douglas Library Friends of the Library will hold their May meeting on Monday May 20, at 6:30 in the Community Room

Put it on your Calendar!

JUNE BOOK SALE

Saturday, June 1 9-3pm

We're Looking for Volunteers!

Setup Friday May 31, 1:00PM

Breakdown Saturday June 1, 3:00PM

ATTRACTING POLLINATORS

Wednesday, May 1st 6:30PM



- Designing for pollinators
- Plants thru the seasons: Spring to Fall
- Which colors attract Bees? Butterflies? Hummingbirds?, etc.
- Host and nectar plants
- Shade gardens
- Easy tips for success

Presented by **Hebron Pollinator Pathway:**

Michele Sinkez, Candace O'Shea

Facebook: HebronPollinatorPathway

Sponsored by the Friends of the Library



STRETCH AWAY STRESS AND ANXIETY WITH CHAIR YOGA.

SATURDAY, MAY 4TH 10-11AM
IN THE COMMUNITY ROOM



COW STRETCH



CAT STRETCH



SIDE ANGLE

Chair yoga is a practice that is beneficial to all. In these classes you will use the support of the chair to arrive in yoga poses, move, breathe, and ultimately feel good.

Benefits of Chair Yoga:

- improved Flexibility
- Stress Reduction
- Pain Management
- Weight Loss
- Overall Clarity of Mind

Registration is required as space is limited.



KAREN GOMEZ
WELLNESS CONSULTING
LIFE • HEALTH • LEADERSHIP

**Certified
Yoga Teacher
Karen Gomez**

Sponsored by the Friends of the Library



Kids/Teen Events

Kids! Come to **LEGO CLUB!**

There will be different challenges each meet, and your creations will be on display until the following Lego Club. Club will take place upstairs on the Children's floor, in the story room. For Ages 5+

Meets will take place every 1st and 3rd Wednesday of the month, from 4-5pm

Come Look for Kid's Books About:

Mother's Day, May 12

International Astronomy Day, May 18

National Inventor's Month

Asian American and Pacific Islander Heritage Month

TEEN

JUST DANCE

COMPETITION

Wednesday May 22

From 4:00 to 5:00 PM

Storytime

Toddler Storytime
Tuesdays at 10:15AM
This is geared for ages 1-3.
There will be stories, songs and crafts!

Pre-K Storytime
Thursdays at 10:15AM
This is geared for ages 3-5. There will be stories, letters, numbers, songs and crafts!

TEEN ADVISORY BOARD

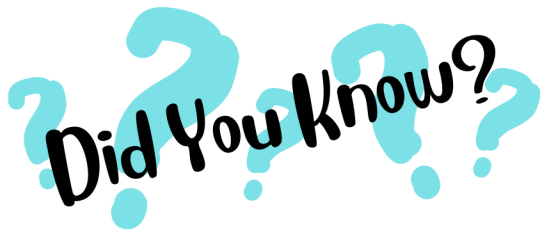
Share your ideas for Teen Activities, such as...

- Video Game Tournaments
- Canvas Shoe Painting
- Movies and Mocktails
- Adulting 101 Class

Meets Monday, May 20 3PM

We're looking for motivated teenagers to join Douglas Library's Teen Advisory Board. You'll earn volunteer hours by deciding what YOU want to do at the library!

SNACKS PROVIDED!



We are still offering take & make craft kits for children as well as YA & Adults. Childrens' are upstairs on the far end of the desk. The YA/Adults craft is on the main floor on the holds shelf. This month's take & make on the main floor is a decoupage seashell jewelry dish, perfect for Mother's Day!

May 2024 Calendar of Events

KEY: Library Closed | Adults | Children | Young Adult | Town
Friends of the Library | General | Nonprofit Group | All Ages

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1 4:00 PM Lego Club 6:30 PM Hebron Pollinators	2 10:15 AM Pre-K Storytime 3:00 PM Chess Night 4:00 PM Town of Hebron Budget Meeting	3 1:00 PM Movie "The Beekeeper" Rated R	4 10:00 AM Chair Yoga 
5 	6 6:00 PM Knit Wits	7 9:00 AM Red Cross Blood Drive 10:15 AM Toddler Storytime 4:00 PM Town of Hebron Budget Meeting 6:00 PM Mindfulness for Clarity	8 6:00 PM Seventeen Summers in a Garden - Mark Twain House	9 10:15 AM Pre-K Storytime 3:00 PM Chess Night 4:00 PM Town of Hebron Budget Meeting	10 1:00 PM Movie "Ordinary Angels" Rated PG	11
12 	13 5:00 PM Girl Scouts 65041 6:00 PM Knit Wits 6:30 PM Loveland Farms Condo Assoc 7:00 PM Douglas Library Board of Trustees	14 10:15 AM Toddler Storytime 4:00 PM Town of Hebron Budget Meeting 6:00 PM Mindfulness for Clarity	15 2:00 PM Life Insurance Presentation 3:00 PM Medicare Presentation 4:00 PM Lego Club 5:00 PM Life Insurance Presentation 6:00 PM Medicare Presentation 7:00 PM Book Discussion	16 10:15 AM Pre-K Storytime 3:00 PM Chess Night 4:00 PM Town of Hebron Budget Meeting	17 1:00 PM Movie "What Rhymes with Reason" Rated PG-13	18 9:00 AM Amston Lake Board Meeting
19 	20 3:00 PM Teen Advisory Board 6:00 PM Knit Wits 6:30 PM Friends of Library Meeting	21 10:15 AM Toddler Storytime 4:00 PM Town of Hebron Budget Meeting 6:30 PM Cookbook Club	22 6:00 PM Poet Laureate Reception 4:00 PM Teen Just Dance! Competition	23 10:15 AM Pre-K Storytime 3:00 PM Chess Night 4:00 PM Town of Hebron Budget Meeting	24	25
26 	27  LIBRARY CLOSED	28 10:15 AM Toddler Storytime 4:00 PM Town of Hebron Budget Meeting	29	30 10:15 AM Pre-K Storytime 3:00 PM Chess Night 4:00 PM Town of Hebron Budget Meeting	31	1 Friends of the Library Book Sale